

## **Top 10 Easy Green Steps**

- Set your thermostat up one degree in the summer and down one degree in the winter from your usual setting
- Shut the water off while brushing your teeth
- Reduce average driving speed by 5 mph
- Use safe, reusable food containers, such as glass
- Turn off lights that aren't needed for safety or a task
- Carpool as often as possible
- Use economy settings on your dishwasher
- Lower the water heater thermostat to 120 degrees
- Wash clothes on warm and cold instead of hot
- Recycle newspapers, cans, glass, yard waste, etc. (if recycling is not provided for your residence, ask your city or county officials to provide it)

For more info on reducing your carbon footprint, visit the Environmental Stewardship page on our church website: <http://www.secondpreslr.org> (located under Service in the Community).

## **Top 10 Semi-Easy Green Steps**

- Clean or replace air filters regularly (check your owner's manual) so your HVAC runs more efficiently
- Improvise with what you already have to wrap gifts, other items
- Place a plastic milk jug filled with pebbles inside your toilet tank (to limit water use), or adjust the water use mechanism in the toilet tank
- Bike and walk whenever you can
- Don't idle your car motor when unnecessary
- Water and mow your lawn less often
- Use a cloth dishrag instead of paper towels
- Keep car tires properly inflated
- Install low or adjustable flow showerheads
- Use reusable "green" bags – enough for your normal grocery shopping trips; put the green bags in the automobile that you use when you shop for groceries (Green Bags available from Second Church Youth)

For more info on reducing your carbon footprint, visit the Environmental Stewardship page on our church website: <http://www.secondpreslr.org> (located under Service in the Community).

## **Top 10 More Challenging Green Steps**

- Use organic fertilizers and pesticides for lawns and gardens
- Set up online payment for your bills
- Ask to be taken off the mailing lists for unwanted catalogs
- Eat locally grown food
- Replace lighting with energy-saving compact fluorescent bulbs (including outdoor lighting)
- Minimize left turns, right turns consume less gasoline
- Add insulation to your house (add weather stripping to windows and doors, use drapes or blinds on windows to block hot sun, reinsulate attic)
- Plant a tree somewhere every year, or give a gift of a tree to a friend
- Install a programmable thermostat; set it depending on when and how the house is occupied.
- Plan your errands so you use less gasoline. Save your errands for one day and do them in a circular route.

For more info on reducing your carbon footprint, visit the Environmental Stewardship page on our church website: <http://www.secondpreslr.org> (located under Service in the Community).